

## Aquatic Center Schedules and Lane Reservations

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:00 AM	Lap Swim		Lap Swim	Lap Swim	Lap Swim	Closed	Closed
6:00 AM							
7:00 AM	CCC Aerobics		CCC Aerobics		CCC Aerobics		
8:00 AM	Aqua Stretch & Strengthen 8:15	Coast Guard (3 Lanes)	Aqua Stretch & Strengthen 8:15	Coast Guard (3 Lanes)	Aqua Stretch & Strengthen 8:15		
9:00 AM	Fam Swim   Arthritis	Fam Swim	Fam Swim   Arthritis	Fam Swim	Fam Swim   Arthritis	Lap Swim   Open Play	
10:00 AM			Coast Guard (3 Lanes)				
10:30 AM							
11:00 AM	CCC Aqua Aerobics		CCC Aqua Aerobics		CCC Aqua Aerobics		Lap Swim   Open Play
12:00 PM							
1:00 PM	Open Play	Open Play	Open Play	Open Play	Open Play		Slide Open
2:00 PM							
3:00 PM							
3:30 PM							
4:00 PM		AHS 4 lanes 3:45-5:30	AHS 4 lanes 3:45-5:15	AHS 4 lanes 3:45-5:30	AHS 4 lanes 3:45-5:30	Closed	Closed
4:30 PM		Swim Less 1 lane	NCSC 3 lanes 5:15-6:30	Swim Less on 1 lane	NCSC 3 lanes 5:15-6:30		
5:00 PM	Slide Open		Slide Open	Slide Open	Slide Open		
6:00 PM		NCSC 3 lane 5:30-6:45	NCSC 3 lane 5:30-6:45		NCSC 3 lane 5:30-6:45		
7:00 PM							